

















































The Flame (Ireland Restaurant) - Allergen Information

ALLERGENS LIST

- | | | | |
|--------------------|----------------------|-------------|---------------------|
| 1. Eggs | 5. Fish | 9. Soya | 13. Sesame seed |
| 2. Crustaceans | 6. Nuts (peanuts) | 10. Milk | 14. Lupin |
| 3. Gluten (barley) | 7. Nuts (walnuts) | 11. Celery | 15. Molluscs |
| 4. Gluten (wheat) | 8. Nuts (pistachios) | 12. Mustard | 16. Sulphur dioxide |

Item	Contain Allergens	May Contain Allergens
Lamb Shish	 MILK	
Chicken Shish	 MILK	
Wings Plate	 MILK	
Sharing Platter	   GLUTEN (wheat) CELERY MUSTARD	
Doner Kabab	     GLUTEN (wheat) SOYA CELERY MUSTARD MILK	
Chicken Doner	   GLUTEN (wheat) SOYA MUSTARD	
Mixed Doner	    GLUTEN (wheat) SOYA MUSTARD CELERY	
Falafel	 CELERY	
Falafel Salad	 CELERY	
Hummus	 SESAME	
EXTRA HOT PERI PERI SAUCE	 GLUTEN (wheat)	        CELERY MILK EGGS FISH MUSTARD NUTS SOYA SULPHUR DIOXIDE
HOT PERI PERI SAUCE	 GLUTEN (wheat)	        CELERY MILK EGGS FISH MUSTARD NUTS SOYA SULPHUR DIOXIDE
PERI PERI MARINADE	 GLUTEN (wheat)	        CELERY MILK EGGS FISH MUSTARD NUTS SOYA SULPHUR DIOXIDE

FOR ALLERGEN INFORMATION PLEASE CHECK INDIVIDUAL DISHES BEFORE ORDERING